

Bigfoot Adventure Zipline, Tracy City



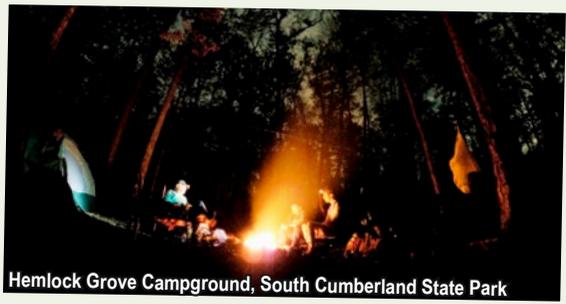
Stone Door Overlook, South Cumberland State Park



The Caverns Above Ground Amphitheatre, Pelham



Coalmont OHV Park, Coalmont



Hemlock Grove Campground, South Cumberland State Park

## MUCH MORE ONLINE!

Visit [MountainsOfAdventure.org](http://MountainsOfAdventure.org) to find all kinds of info about Tennessee's South Cumberland. Just point your phone at the QR code next to the topic you'd like to know more about!



THINGS TO DO

EVENTS



LODGING

FOOD + DRINK



VENUES

HISTORY



OUR TOWNS

TRIP PLANNING



MOUNTAIN GOAT TRAIL

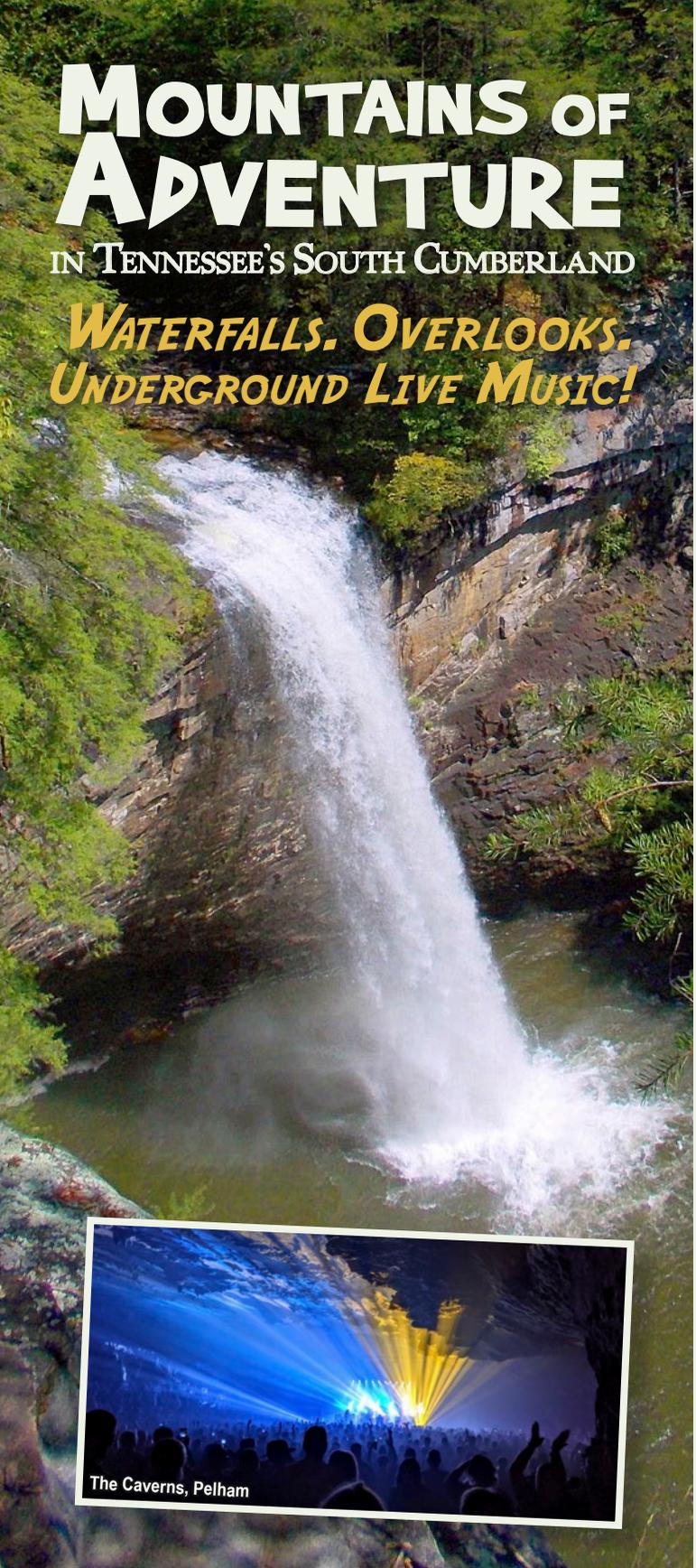
The Mountain Goat Trail is a multi-modal recreation trail that connects communities along the historic path of the Mountain Goat Railroad, which carried coal and passengers between communities on the South Cumberland Plateau from 1856 to 1985. Currently, the trail spans 5 miles from Sewanee to Monteagle (trailhead at Mountain Outfitters), and 3 miles in Tracy City (trailhead at Old Roundhouse Park). Visit [mountaingoattrail.org](http://mountaingoattrail.org) to learn more.

Tennessee's South Cumberland Tourism Partnership  
115 Depot St., Tracy City, TN 37387 > [MountainsOfAdventure.org](http://MountainsOfAdventure.org)

# MOUNTAINS OF ADVENTURE

IN TENNESSEE'S SOUTH CUMBERLAND

*WATERFALLS. OVERLOOKS. UNDERGROUND LIVE MUSIC!*



The Caverns, Pelham



Blue Hole Falls, South Cumberland State Park



Dutch Maid Bakery, Tracy City



University of the South, Sewanee



Badlands Horse Camp, Gruetti-Laager



Denny Cove Climbing Area, South Cumberland State Park

Adventure takes many forms in Tennessee's South Cumberland. Enjoy world-class hiking alongside breathtaking vistas and cool mountain streams, camping and rock-climbing adventures, messy off-road fun and ziplining experiences you'll never forget! Experience world-class music in some of the most unique and beautiful venues, both above and below ground! Enjoy authentic local foods and flavors. Stay awhile! We offer everything from backcountry campsites to cozy woodland cabins to family-owned inns with welcoming local staff. History runs deep here, too. Discover early architecture and important historic sites stretching back to early Native American history, European settlement, the Civil War era, coal mining and railroad industrial booms, and important black history sites.

WHAT IS THERE TO DO?

ARE THERE GOOD PLACES TO EAT?

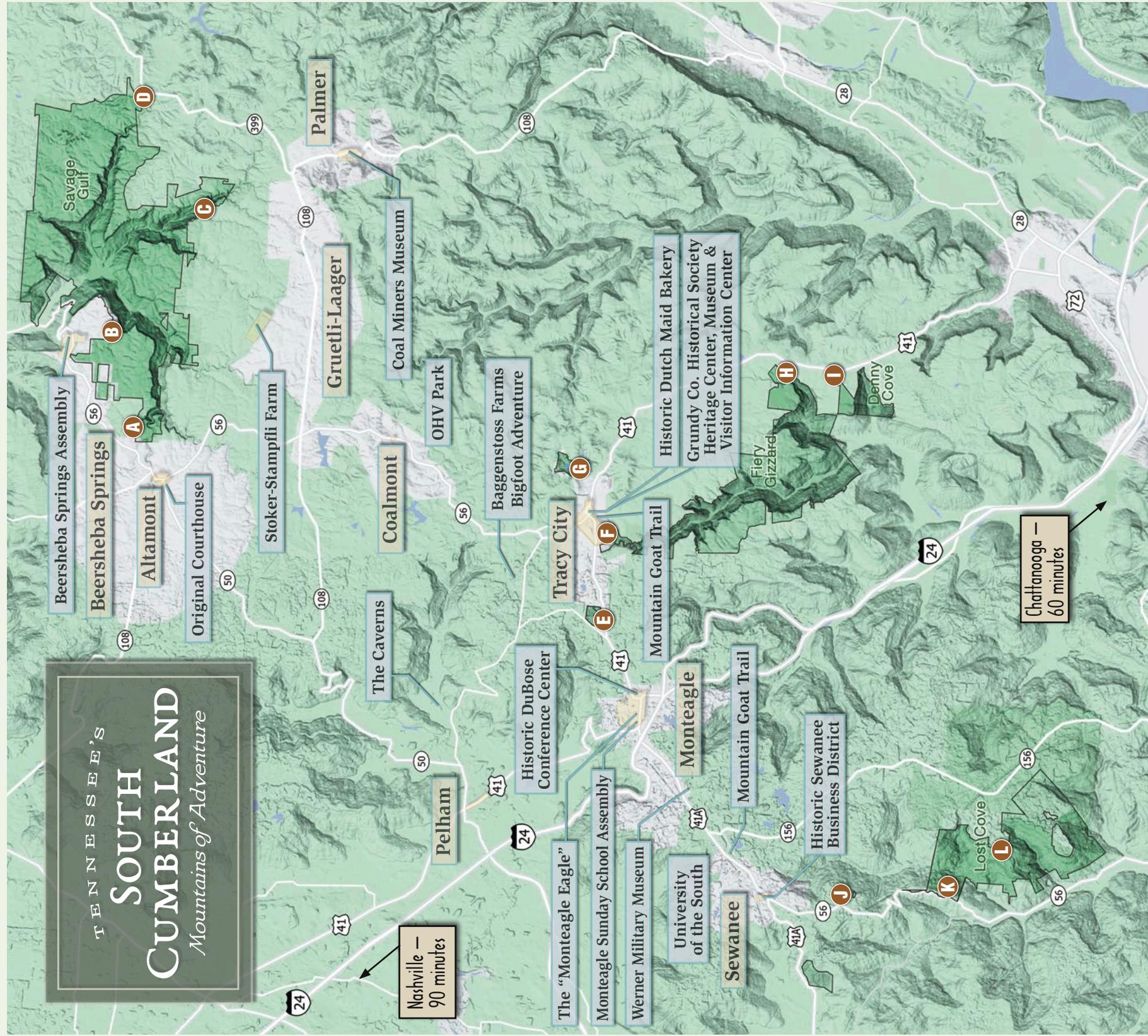
WHERE CAN WE FIND

A PLACE TO STAY?

Scan to see!



MountainsOfAdventure.org



## Tennessee's South Cumberland | Trailheads, Things to Do & More Information



### ►►► Tennessee's Most Spectacular Wilderness

With more than 31,000 acres of pristine wilderness, outdoor adventures await at each of the many trailheads across the South Cumberland region! Dozens of waterfalls, majestic overlooks and deep, cool forests provide many ways to enjoy our Great Nature! Just scan the QR code, and choose the adventures State Parks you're looking for, including trail maps, campgrounds, hiking, climbing, swimming, caving info and more!



- A** **Savage Gulf West**  
Greeter Falls  
Greeter Homestead  
Historic site - Long's Mill  
Alum Gap Campground
- B** **Savage Gulf North**  
Great Stone Door  
Hobbs Cabin Campground  
Sawmill Campground  
Stone Door Campground

- C** **Savage Gulf South**  
Suter Falls  
Collins Campground
- D** **Savage Gulf East**  
Savage Falls  
Dinky Line Campground  
Savage Station Campground  
Savage Falls Campground  
Stagecoach Road Campground

- E** **SCSP Welcome Center**  
Park info and maps
- F** **Fiery Gizzard North**  
Fiery Gizzard Trail  
CCC Camp Historic Area  
Grundy Forest Campground
- G** **Grundy Lakes**  
Historic Coke Ovens  
and swimming/fishing area

- H** **Fiery Gizzard South**  
Foster Falls - climbing area  
Foster Falls Campground  
Father Adamz Campground  
Small Wild Campground
- I** **Denny Cove**  
Denny Falls - climbing area

- J** **Lost Cove North**  
Sewanee Natural Bridge
- K** **Lost Cove West**  
Lost Cove ("Buggytop") Cave
- L** **Lost Cove East**  
Sherwood Natural Bridge

Chattanooga - 60 minutes

Nashville - 90 minutes